







# CARE at Whittier College

We are Here to Support You!







Marysol Mendoza

Director of CARE & Case Management

mmendoz2@whittier.edu 562.907.5118





### ABOUT CARE

### Community, Advocacy, Resilience, and Empowerment (CARE)

CARE is a collaborative case-management program committed to enhancing:

- community safety
- student success
- well-being

The role of CARE is to support students as they navigate their academic journey at Whittier College by providing prevention, assessment, and intervention.





## CARE SERVICES



### **Basic Needs Assistance**

- Poet Pantry
- CalFresh
- Meal Support
- Emergency Housing
- Transportation
- Tech Support



### **Case Management**

- Weekly care team meetings
- 1:1 pro-staff support
- Bridge for on-campus resources



### **Health & Well-Being Support**

- Emergency funds
- Mental Support
- Bridge for mental health resources
- Insurance assistance





# ACCESS CARE RESOURCES

Any student or faculty can access CARE resources & forms through CARE's Linktree.

Visit CARE's Engage Page
Or Scan the QR Code to get CARE







# BASIC NEEDS ASSISTANCE



**Meal Support** 

**Emergency Housing** 

**Emergency Funds** 

**Poet Pantry** 

**Transportation** 

**Tech Support** 







### **CALFRESH**



CalFresh is a nutrition assistance program funded by the USDA that can help students buy the food they need to live healthy and active lifestyles. It allows students to incorporate healthy foods like fruits and vegetables into their diet. Students, 18 to 49, attending Whittier College more than half-time are eligible for SNAP if they meet an exemption and meet all other SNAP eligibility requirements. For More information to see if you qualify please meet with a CARE Team member.



## MEAL SUPPORT



#### **About**

The Meal Voucher Program ensures that Whittier students receive nutrition and sustenance during times of hardship

### **Eligibility**

 Most students are eligible to apply to this program for up to 2 semesters, receiving a maximum of 5 vouchers each semester. To be eligible for this program students must live off campus.

### **How to Sign Up**

- Students may request vouchers by visiting the Dean of Students Office, Campus Center room 142 and completing an eligibility form or by calling 562.907.4233.
- Subsequent requests will require additional documentation signed by the Office of Financial Aid as well as a meeting with a Dean of Students Office staff member.



# **EMERGENCY FUNDS**

### **About**

- Undergraduate students currently enrolled at Whittier College may request funds for an emergency situation under compelling circumstances that jeopardize their ability to successfully continue in school.
- Student Emergency Funds will be provided in the form of a grant and will typically range from \$100 to \$500, depending on the student's case and need.

### **Conditions**

- student will be eligible to receive emergency funds twice within a four-year time period, but only once per academic year, while attending Whittier College.
- Priority for student emergency funds will be given to cases with urgent needs, extreme hardship, and/or lack of alternative options

For questions regarding emergency funds, email Frances Romo at fromo@whittier.edu.









### Emergency funds <u>may</u> be used to cover:

- Food insecurity
- Transportation including car repairs
- Emergency healthcare expenses that are not covered by insurance (i.e. co-pays)
- Loss of childcare
- Travel in the case of the death or illness of an immediate family member
- Books (under special circumstances)
- Imminent utility shut-off due to overdue payments
- Other special circumstances to be determined by the review committee

### Emergency funds <u>may NOT</u> be used to cover:

- Tuition
- Fees
- Room and Board
- Optional programs
- Entertainment
- Recreation
- Non-emergency travel
- Other non-essential expenses





# **EMERGENCY HOUSING**

### **About**



- The Short-Term Emergency Housing Assistance Program provides students experiencing housing instability and displacement with temporary Housing and Residential Life to ensure a student's safety and wellbeing as they acquire permanent and secure housing.
- Placement in the Short-Term Emergency Housing is no longer than a two (1-2) week stay, pending space availability.

### **How to Sign Up**

 If you would like to apply for emergency housing, please complete the Basic Needs Request Form and the Director of CARE will be in touch with you within 24 hours.

If you have questions or would like to follow up, please contact the Director of CARE **mmendoz2@whittier.edu** or **562.907.5118.** 



# TRANSPORTATION ASSISTANCE





 The Metro TAP Card grants the holder access to 26 Transit Systems across LA County.

### **Terms**

- Full-time Whittier College students may request Go Whittier! Transportation funds to cover the monthly cost of a TAP card for the length of each semester.
- Some students may qualify for free access to public transportation without the need for Go Whittier! Funds.

To apply or request information, please fill out the **Basic Needs Request Form** and a CARE team will contact you.





## TECHNOLOGY SUPPORT

### **Laptop Loans**



The College has a limited number of laptops and hot spots available for use during the current academic year. Students in need of equipment or software to successfully complete coursework may request it by using the online form.

### **Available Technology for Loan**

- Dell laptops: six-hour loan period with one renewal
- MacBooks: six-hour loan period with no renewal
- HDMI/USB-C adapters
- iPhone and Android Chargers
- MacBook Chargers
- Calculators
- Microphones
- Headphones
- Webcams
- External DVD drives for Macs



## POET PANTRY

### **About the Poet Pantry**



Provides weekly food & hygiene products at no cost to all students. Every student is given the opportunity to utilize the Poet Pantry once a week using a point system.

### **Hours & Location**

Open on Wednesday & Thursday from 12:00 - 5:00 pm

Campus Center (Left of the Mailroom) – Room 142

### **How to Sign Up**

Sign Up through your Engage Account!





# USING THE POET PANTRY

### **First-time Users of the Poet Pantry:**



1. Fill out the Poet Pantry Intake Form on Engage





## CASE MANAGMENT

### **About**



 Whittier's CARE case management team meets weekly to review reports and develop individualized outreach plans to help students. Team members adhere to legal, ethical, and professional standards and guidelines.

### **Goals of CARE Case Management**

- Form individualized outreach plans to help students through CARE case management team
- Connect Students to 1:1 Pro-Staff Support
- Create a bridge for on-campus resources

For more information regarding case management contact CARE at CARE@whittier.edu.





# HEALTH & WELL-BEING SUPPORT

### **Mental Support & Bridge for Mental Health Resources**



- CARE provides basic mental health and wellness resources and serves as a bridge for all students to have access to resources and services both on and off-campus.
- Visit the CARE Linktree to view the Resource Guide to gain access to all student resources

### **Insurance Assistance**

 All students are given to opportunity to apply for Gallagher Student Health Insurance. For more information, visit the Funding Needs Section in CARE's Resource Guide.





# EMERGENCY MENTAL HEALTH FUNDS

### **About**

The Critical Mental Health Accessibility Program has been developed to provide immediate, limited funds to support students in crisis.



### **Examples of support may include:**

- a psychotropic medication refill
- · office visit co-pay for psychological or psychiatric care
- or transportation to an appointment.

#### **Terms**

Documentation of expenses is required.

For more information, visit the **Funding Needs Section** in CARE's Resource Guide.





# STUDENT HEALTH INSURANCE PLAN

### **About**



 All students are given to opportunity to apply for Gallagher Student Health Insurance.

### **How to Apply**

 For more information on applying for Student Health Insurance Plan, visit Gallagher's website or call Gallagher Student Health at 844.745.6593 for complete description of benefits available, limitations and exclusions, and Student Health Insurance Plan FAQs.



# CARE RESOURCE GUIDE

The **CARE Resource Guide** is a collective hub for all on-campus and off-campus resources provided through Whittier College.

### **CARE Resource Guide Categories**

- Academic Support
- Campus Safety Resources
- Childcare Resources
- Equity & Inclusion Support
- Food & Health Essentials
- Emergency Funds
- Health & Wellness Resources

- Housing Assistance
- Mental Health Resources
- Technology Support
- Title IX Resources
- Tuition Payment Support
- Veteran Resources





# **CARE FORMS**

**Academic Support Referral Form** 

**Basic Needs Request Form** 

**CARE Form** 

**Emergency Funds Request Form** 

**Technology Support Form** 





# ACADEMIC SUPPORT REFERRAL FORM

#### **About**

 The Academic Support Referral is specifically for academic-related concerns regarding a student that can be submitted by a faculty or staff member it can help provide timely and appropriate interventions for student's academic success here at Whittier College.

### The academic-related concerns that this form can help address are as follows:

- Attendance
- Participation/engagement
- Late/missing Assignments
- Exam/Quiz Scores
- Quantitative Skills
- Class preparation
- Writing





# BASIC NEEDS REQUEST FORM

#### **About**

 Our mission is to address and assist students with any immediate basic needs, food insecurity, students who are experiencing homelessness or displaced and ease the financial burden on students accessing public transportation to attend Whittier College to foster student success.

#### **Basic Needs include:**

- The Short-Term Emergency Housing Assistance Program
- Transportation
- Meal Vouchers
- CalFresh
- Poet Pantry

### **Eligibility**

- Must be a currently enrolled Whittier College student.
- Students must be enrolled Full-time to participate in Go Whittier! Transportation program
- To be eligible for the meal voucher program students must live off-campus.
- For eligibility requirements for CalFresh please talk with CARE Team
- Undocumented, DACA, and International students are eligible





# **CARE FORM**

### **About**

- The CARE Form provides timely and appropriate interventions to students demonstrating academic, physical, or emotional behaviors that may stand in the way of personal and academic success.
- Faculty, staff, students, and other members of the Whittier College community are encouraged to use this form to alert the CARE Team about concerning behaviors or incidents.
- Submissions to this form may not be reviewed outside of regular business hours, but all referrals will be reviewed and responded to by a CARE Team member.





# EMERGANCY FUNDS REQUEST FORM

#### **About**

- Undergraduate students currently enrolled at Whittier College may request funds for an emergency situation under compelling circumstances that jeopardize their ability to successfully continue in school.
- The goal of emergency funds is to support and guidance to students who have self-identified, or are identified by Whittier College faculty or staff, as experiencing a financial crisis that impacts their academic success at Whittier College.

#### **Terms**

 Student Emergency Funds will be provided in the form of a grant and will typically range from \$100 to \$500, depending on the student's case and need. Priority for student emergency funds will be given to cases with urgent needs, extreme hardship, and/or lack of alternative options. A student will be eligible to receive emergency funds twice within a four-year time period, or once within a two-year time period for Transfer students.





## TECHNOLOGY SUPPORT FORM

### **About**

 The College has a limited number of laptops and hot spots available for use during the current academic year. Students in need of equipment or software to successfully complete coursework may request it by using the Technology Support Form





### STUDENT TESTIMONIALS

"Care allowed me to utilize resources that I had no idea about before. I felt heard and understood during some of the hardest moments in my life."

"The CARE Program has provided so many resources and guidance. I felt truly cared about and believed in. I am so thankful that I was able to receive CARE's support!"





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### Thank you for joining us!

### CARE

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Campus Center
Building A - First Floor
Office 142
562.907.5118
CARE@whittier.edu







